# Echium vulgare

**Common name:** Blue thistle, Vipers bugloss,

**Palatability to Livestock:** High at flowering.

**Toxicity to Goats:** Moderate risk.

**Toxicity to Other Species:** Horses, pigs, cattle, and in excess to sheep.

## **Poisonous Principle:**

Pyrrolizidine alkaloids. Echiumine and echiumidine alkaloids.

## **Effects:**

Signs and symptoms;

- . Loss of condition and depression.
- . Colic and staggers.
- . Lung and liver damage after prolonged exposure.

## Health and Production Problems;

- . Liver damage,
- . Accumulated copper can kill the animal,
- . Convalescence is protracted.

*Treatment;* None.

## **Integrated Control Strategy:**

- . Use goats to reduce flowering.
- . Spray graze, and pasture improvement.
- . Biological control agents are being tested.

. Declared "Noxious" in NSW, Victoria and Tasmania.

## **Comments:**

. Annual or perennial plant, up to 90cms high, covered with bristles.

. Stems often spotted with red blotches.

. Basal leaves are narrow and pointed, in a rosette, stalkless and spear shaped, leaf veins are longitudinal, not branched as in Patersons Curse.

. Flowers are on a spike, in rows, appearing several weeks later than Patersons curse. Smaller and more blue in colour.

. This plant is used in many herbal medicines as a diuretic, treatment for fevers, nervous disorders, and for snake and other poisonous bites.



Picture: *Echium vulgare* Weed control in Lucerne. 1992

## Further Reading:

. Blood, Environmental Weeds for SE Australia. CRC Weed Management Systems. 2003

- . Cribb and Cribb. Wild Medicine in Australia 1990
- . Cunningham, Mulham, Milthorpe and Leigh.
- Plants of Western NSW. 1999
- . Parsons and Cuthbertson.
- Noxious Weeds of Australia. 2001
- . Simmonds, Holst and Bourke. Palatability and Potential
- Toxicity of Australian Weeds to Goats. 2000
- . Wilson. Some Plants are Poisonous. 1997

Information included in this Info Sheet was obtained from the source documents, and no responsibility will be accepted by the compiler.